

## The influence of prenatal exposure to a foreign language

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### INTRODUCTION

#### THE FETUS

- Perceives and processes sounds from mid-pregnancy, despite in utero sound distortion (attenuation of high frequencies) [1,2]
- Cardiac deceleration when listening to a familiar story [3]

#### THE NEWBORN

- Left-hemispheric dominance brain response to familiar sounds (native language, mother's voice) [4]
- Results are inconsistent regarding cerebral response to native and unfamiliar languages (left vs. right dominance [5], increase vs. decrease [6], no difference [7])
- Infants show a cardiac deceleration and a larger brain mismatch response to sounds that were repeatedly exposed in utero [8,9,10]

**OBJECTIVE** Characterize the influence of prenatal exposure to a new language on the newborn brain response in comparison to the native language and an unfamiliar language.

### METHODOLOGY

39 healthy newborns (without gestational or neonatal complications) from French unilingual families

Mean age at NIRS recording:  $31.6 \pm 16$  h

	Controls	Prenatal exposure to	
		German	Hebrew
N (♀ : ♂)	15 (8:7)	12 (6:6)	12 (5:8)
Gestational age (weeks:days)	$39.6 \pm 1:1$	$39.5 \pm 0:5$	$39.5 \pm 1:1$
Weight (kg)	$3.5 \pm 0.6$	$3.5 \pm 0.5$	$3.4 \pm 0.3$
APGAR (10m)	$9.1 \pm 0.3$	$8.8 \pm 0.6$	$9.1 \pm 0.3$
Amount of prenatal exposure (times)	-	$42 \pm 19$	$53 \pm 17$

\*No significant differences for sociodemographic, medical factors and prenatal exposure

#### EXPERIMENTAL CONDITION

Linguistic **prenatal exposure** to a new language

- 2x everyday from 35<sup>th</sup> week of pregnancy until birth
- Children's story in French + German or Hebrew (counterbalanced) through headphones placed on the abdomen

#### NEAR-INFRARED SPECTROSCOPY (NIRS) AT BIRTH

Indirect measurement of neural activity through neurovascular coupling → Concentration changes of oxygenated (HbO) and deoxygenated (HbR) hemoglobin ( $\Delta\text{Conc}$ ). [13, 14]

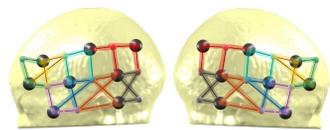


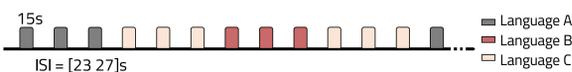
Fig.1 Head coverage from source-detector coupling and representation of regions of interest (ROIs)



Fig.2 NIRS Scout System (NIRx) 32 sources (760nm and 850 nm) 16 detectors Sampling rate: 7.8 Hz

Resting-state and **passive listening** of the same children's story

- French (native language) + German + Hebrew (foreign languages of different rhythmic classes and linguistic families from French)
- Block-design paradigm (18 blocks per language)



#### DATA ANALYSIS

##### Preprocessing

- Correction of motion artefacts (tPCA and interpolation), segmentation, normalization, rejection of noisy blocks\*
- $\Delta\text{Conc}$  HbO/HbR calculation using the modified Beer-Lambert's law: mean per participant, language and ROI

##### Statistical analyses:

Repeated-measure ANOVA / ANCOVA on the mean  $\Delta\text{Conc}$  HbO across ROIs

- Covariable: Amount of prenatal exposure
- Contrast Familiar with others for post analyses

Native vs. Familiar vs. Unfamiliar

From the prenatal exposure (either German or Hebrew according to the participant's group)

\*In average,  $14.6 \pm 3$  blocks per condition per participant were included for analyses

### RESULTS

Significant/marginal difference of mean activation to the stories between conditions when controlling for the amount of prenatal exposure to the familiar language:

- Anterior region of the left temporal lobe**  $F(2,36)=3.68, p=.035$ 
  - Familiar > Unfamiliar ( $p=.038$ )
  - Familiar > Native ( $p=.064$ , marginal)
- Posterior region of the left temporal lobe**  $F(2,36)=2.61, p=.088$ 
  - Familiar > Unfamiliar ( $p=.082$ , marginal)
  - Familiar > Native ( $p=.065$ , marginal)

\* n.s. when not controlling for the amount of prenatal exposure (ANOVA)

Amount of prenatal exposure is correlated to the familiar-unfamiliar differences in these regions

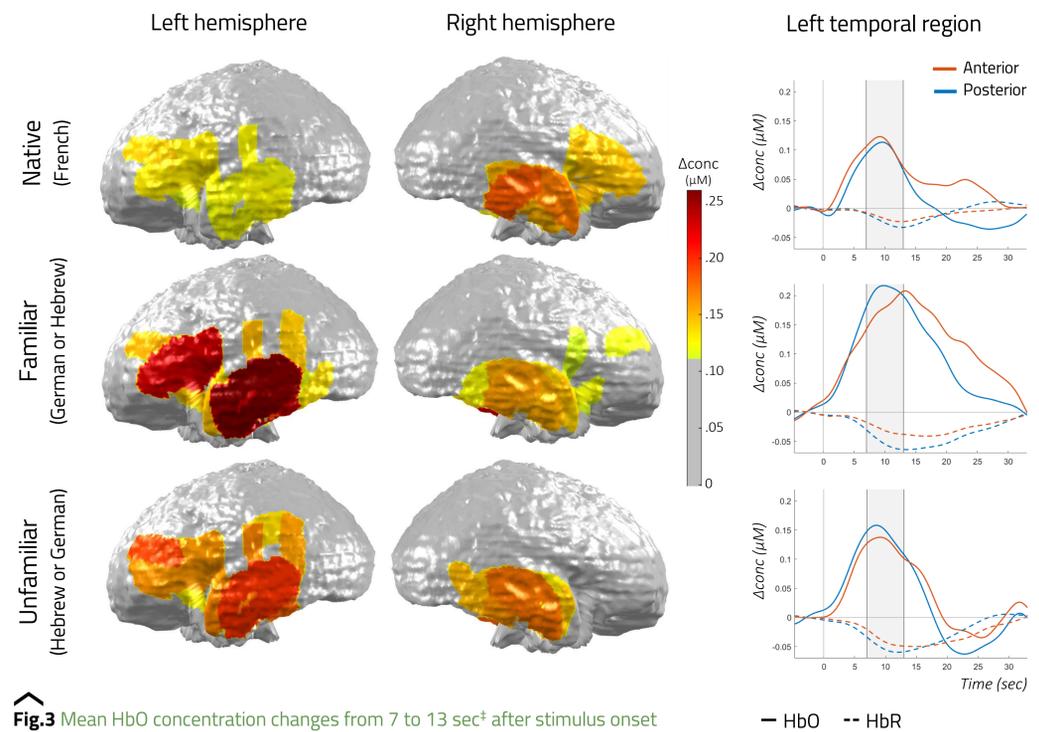


Fig.3 Mean HbO concentration changes from 7 to 13 sec<sup>2</sup> after stimulus onset (from participants of the experimental groups)

\* Interval is represented by gray area in graphs (right)

### DISCUSSION

Bilateral temporal activations in all three languages/conditions

- Would reflect the auditory processing specific to any language stimulus. [7-11, 13]

Stronger activation for the prenatal familiar language in the left temporal region

- Regardless of the specific acoustical characteristics of our speech stimuli, experimental exposure to a non-native language modulates cerebral activation in regions associated with auditory and language processing. [2, 5, 11, 12, 13]
- The amount of prenatal exposure seems to influence activation patterns and differences between the native, familiar and unfamiliar languages. [4, 5, 9, 10]
- These results suggest the presence of prenatal learning in response to environmental stimuli.

#### FUTURE AVENUES OF RESEARCH

- Increase sample size
- Explore language pre-networks with functional connectivity analysis [15]
- Longitudinal follow-up with NIRS imaging and developmental assessment

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